

In best efforts to address and support the imbalance of sustainable resources in Haiti, the LiLa Foundation offers a presence in the midst of bleakness.



Since the 2010 earthquake devastation of Haiti, many people the world over are aware of the tremendous need for support and resources in the country, however we must first turn our attention to the immediacy of the most basic of human rights, those of health equity and humanity. Imagine a world where a family's average monthly income equates to a meagre \$60 USD, and to add insult to injury, their firstborn child was born with debilitating Spina Bifida with very little access to essential care for proper development. Or consider the family of the little boy who was born with only one functional eye. This is a reality in Arcahaie, Haiti where the LiLa Foundation is established.

The LiLa Foundation was created to enhance and sustain the health and educational needs of rural Haitian communities; fulfilling the void of direct access to more formal care. The LiLa approach promotes wellness of the community by providing medication, health examinations, health awareness, and elementary education opportunities to these poverty stricken areas. These efforts combat the immediate crisis caused by inadequate health care and poor nutrition, as well as address the demands of the future by educating the youth in the community.

LiLa Foundation programs are in a period of tremendous growth and opportunity, and as the Health Administration Manager, I welcome your generous support. LiLa has been providing a significant impact on the lives of a number of impoverished areas within Haiti by partnering with other aid organizations whose objectives align with the mission of LiLa. While most assistance is focused on the densely populated capital of Port-au-Prince, the outlying communities and towns are left severely neglected. The goal of LiLa is to provide a sustainable health system in the initial location whereby the foundation may be replicated in other rural areas of Haiti.

The Foundation's initial aim was to sustain a primary school in the town of Arcahaie. However, the students were having significant trouble learning due to poor health, which included such ailments as severe malnourishment, parasitic hostings and diseased skin. In an effort to fill this gap, the Foundation initiated their annual **Foire de Sante** (Health Fair). Over 900 patients were seen within three days with the generosity of an all-star volunteer team including 4 local physicians, 2 LiLa Volunteer Nurses, and 7 non-medical helpers,

To best support this call to action, the Foundation has asked me to help them expand its medical arm, and I am in the process of two major developments for the foundation's efficacy throughout Haiti. The first is to develop an Action Committee that will be charged with pooling additional resources and implementing a permanent health clinic in Arcahaie. The second focus is to establish a long term agreement with Concorde College and Barry University that will allow their students to make rotations in service to the LiLa Foundation while expanding their medical knowledge.



The LiLa Board of Directors will be making an assessment visit to Haiti in early December that will develop local partnerships and forward the vision of a sustainable medical rotation site.

Working with the LiLa Foundation for Health and Education, has been truly a humbling and rewarding experience. To know that as a Physician Assistant, we can impact lives so greatly is truly a blessing. As a Barry University PA Alum, I have learned that service and humanitarianism is essential to our profession and it is the key delineation from other medical professionals. I am grateful to the FAPA, for giving me the opportunity to bring awareness of LiLa's efforts, and I look forward to keeping FAPA and its members updated with our progress and future suceses. To find out more information about LiLa, please visit our website: www.LiLaHelps.org



If you are interested in donating your time as a volunteer or medical resources (supplies, medications, etc), please feel free to contact me at Kaleena@LiLaHelps.org.

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